

Referral Form

Ford Park Crescent, Ulverston, Cumbria LA12 7JP.

Tel: 01229 580305 Fax: 01229 583072

Email: Referrals@stmaryshospice.org.uk



Please indicate ONE main service being requested:

For more information on services go to Page 4 'Guide to Services'

In-Patient Unit	Hospice at Home	Day Hospice (12 weeks)	Complementary Therapy	Living Well Programme (6 weeks)	Move More & Relax (6 weeks)
			Family Support & Bereavement Service		Respite (1 bed)

Referrer's Details (N.B. If information is missing we may need to contact you before accepting the referral)

Date referring:	Time:
Your name:	Your designation:
Your signature:	Your contact number:
Email:	

Patient's Details (please also include these if referring a carer for Family Support & Bereavement Service)

Name:	DOB:	M/F	Faith (if known)
Address:	Postcode:	Telephone no:	
Current location:	Is patient aware of referral?		
NHS no:			

Family Carer Details (if known)

Name of main carer/NOK:	Relationship to patient:
	DoB (Family Support & Bereavement Service)
Address if known:	Tel. no:

Primary Care Team Details

Name of GP:	Surgery address:
Tel. no:	DN contact Tel no:

Other Health Care Professionals involved (e.g. District Nurse, Community Nurse Specialist)

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	YES	NO		YES	NO
Is the patient aware that they are at End of Life i.e. potentially in the last year of life?			Is this patient receiving chemotherapy? (Include details overleaf)		
Is this patient on the GP GSF register?			Has this patient had radiotherapy recently? (Include details overleaf)		
Does any written documentation of ACP exist? (If so, it should come with the patient)			Any pressure ulcers? Grade (if known)		
Any Advance Care Planning conversations? (Include details overleaf)			Any known infections? Hospital acquired infections?		
Are Just in Case drugs in the home?			Any risk of falls?		
	YES	NO		YES	NO
Has NWS been notified of this patient?			Is oxygen required? (If yes, please organise HOOF and supply for admission date)		
Is CHOC aware of this patient?			Any issues with mental capacity?		
Any lone worker risks? (Patient and carers)			Any problems gaining access to the place of residence?		
Safeguarding concerns?					

Main Patient Diagnosis:

Other Relevant Diagnoses:

Main reason for Referral (or for Community Neighbours; what are the main needs):

Summary of current condition and treatments, current medication list

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Please add any further information of relevance here e.g. what interventions have already been trialed.

(Please add carer's GP details if referring to Family Support & Bereavement Service)

Please note: a bed or service is not booked until confirmed as such by hospice staff.

N.B. Attach copies of relevant specialists' letters and GP patient summaries.

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GUIDE TO SERVICES AT ST MARY'S HOSPICE

In Patient Unit	This is a eight bedded unit, where we take referrals for symptom management, respite care and end of life care for patients with life shortening conditions.
Hospice @ Home	Cares for patients with life shortening conditions who wish to remain at home at end of life. The service covers the Furness and South Lakes area seven days a week. We also have a night service, where a Health Care Assistant can stay at a patient/family home overnight to help prevent carer fatigue and hospital admission.
Respite	We offer different types of respite care: In the In-Patient Unit (one bed) for a few days or a week. At home, through a trained and experienced Health Care Assistant being available for up to 3 hours at a time or overnight through provision of a trained and experienced Health Care Assistant to look after the person overnight to allow the family carer to sleep.
Family Support & Bereavement Service	Emotional/spiritual support for patients and/or their family members regarding loss and grief issues pre and post bereavement covering Furness and South Lakes. Clients can be seen at hospice or in own homes. We also offer signposting service should we not be the appropriate service. Referrals taken during normal office hours Mon-Friday. Please note this is neither a counselling service nor an emergency response service and is offered to adults only although parental guidance can be offered by the team regarding children's' grief responses.
Day Hospice	Our Day Hospice provides a 12-week enjoyable programme of activities, focusing on individual needs and goals. It is all about enabling you to enjoy life – understand yourself better connect with other people and feel the benefit of kindness, friendship, support and having a good laugh. The Day Hospice is delivered in Barrow (Tuesday) and Ulverston (Wednesday) from 11am- 3:30pm. To enable patients to attend either of our day hospices we are able to offer volunteer drivers.
Complementary Therapy	Complementary Therapies at St Mary's Hospice offers supportive care for patients and their families in South Lakes and Furness. Our skilled team can adapt the therapeutic techniques used for people with different levels of need or advancing disease. Our aim is to promote relaxation and wellbeing through a range of gentle and therapeutic treatments.
Move More and Relax Programme	Take part in an enjoyable and therapeutic chair based exercise programme with a Level 2 Instructor from the Living Well Team at St Mary's Hospice.
Living Well Programme	In the Living Well Programme, groups of patients and their carers come together for one afternoon a week for 6 sessions to learn practical tools and techniques to help them cope with illness and enhance their wellbeing. The sessions bring together people facing similar challenges in a very practical programme and they are invited to experience a range of breathing and relaxation techniques, adapted exercise and other skills that can help support health and wellness.